

250(5): Proof of the ESR Term with the Pauli Matrices
 The commutator relations of spin are proven with

the Pauli matrices:

$$\sigma_x = \begin{bmatrix} 0 & 1 \\ 1 & 0 \end{bmatrix}, \sigma_y = \begin{bmatrix} 0 & -i \\ i & 0 \end{bmatrix}, \sigma_z = \begin{bmatrix} 1 & 0 \\ 0 & -1 \end{bmatrix} \quad (1)$$

$$S_x = \frac{1}{2} \hbar \sigma_x, S_y = \frac{\hbar}{2} \sigma_y, S_z = \frac{\hbar}{2} \sigma_z \quad (2)$$

It follows that:

$$[S_x, S_y] \psi = i \hbar S_z \psi \quad (3)$$

The ESR term follows immediately from the use of the Pauli matrices. Consider:

$$\underline{\sigma} \cdot \underline{L} = \begin{bmatrix} L_z & 0 \\ 0 & -L_z \end{bmatrix} \quad (4)$$

$$\underline{\sigma} \cdot \underline{B} = \begin{bmatrix} B_z & 0 \\ 0 & -B_z \end{bmatrix} \quad (5)$$

and $\psi = \psi \begin{bmatrix} 1 & 0 \\ 0 & 1 \end{bmatrix} \quad (6)$

$$\text{Then } \underline{\sigma} \cdot \underline{L} \underline{\sigma} \cdot \underline{B} \psi = \begin{bmatrix} L_z & 0 \\ 0 & -L_z \end{bmatrix} \begin{bmatrix} B_z & 0 \\ 0 & -B_z \end{bmatrix} \begin{bmatrix} 1 & 0 \\ 0 & 1 \end{bmatrix} \psi$$

$$= \begin{bmatrix} L_z B_z & 0 \\ 0 & L_z B_z \end{bmatrix} \psi \quad (7)$$

$$= L_z B_z \psi \begin{bmatrix} 1 & 0 \\ 0 & 1 \end{bmatrix}$$

Now consider:

$$\begin{aligned}
 & \underline{\sigma} \cdot \underline{L} \psi \underline{\sigma} \cdot \underline{B} \\
 &= \begin{bmatrix} L_z & 0 \\ 0 & -L_z \end{bmatrix} \begin{bmatrix} 1 & 0 \\ 0 & 1 \end{bmatrix} \psi \begin{bmatrix} B_z & 0 \\ 0 & -B_z \end{bmatrix} \\
 &= \begin{bmatrix} L_z B_z & 0 \\ 0 & L_z B_z \end{bmatrix} \psi \xrightarrow{-(8)} = L_z B_z \psi \begin{bmatrix} 1 & 0 \\ 0 & 1 \end{bmatrix}
 \end{aligned}$$

So:

$$\begin{aligned}
 \underline{\sigma} \cdot \underline{L} \underline{\sigma} \cdot \underline{B} \psi &= \underline{\sigma} \cdot \underline{L} \psi \underline{\sigma} \cdot \underline{B} \\
 &= \frac{2}{\hbar} (\underline{S} \cdot \underline{L}) \psi \underline{\sigma} \cdot \underline{B} \quad - (9)
 \end{aligned}$$

This equation is quantized to give the spin Hamiltonian:

$$\hat{H}_{\text{ESR}} \psi = -\frac{e}{\hbar} (\hat{\underline{S}} \cdot \hat{\underline{L}}) \psi \underline{\sigma} \cdot \underline{B} \quad - (10)$$

This is a direct and simple derivation without use of the Clebsch-Gordan theorem. The use of the \mathbb{C}_2 basis introduces spin in an entirely new way. The Zeeman effect Hamiltonian is:

$$\begin{aligned}
 \hat{H}_{\text{Zeeman}} &= -\frac{e}{2m} \hat{\underline{L}} \cdot \underline{B} \psi \quad - (11) \\
 &\neq -\frac{e}{2m} \underline{\sigma} \cdot \hat{\underline{L}} \underline{\sigma} \cdot \underline{B} \psi
 \end{aligned}$$